

# **The Diversity Trust Summer Newsletter**

#### A Time to Feel Proud!

Our summer newsletter is bursting with highlights and positive stories for reflection and inspiration. Summer is full of Pride; Disability Pride Month, London Pride Parade, Bristol Pride Festival, Brighton Pride (4-7th August) to name a few... As we enjoy celebrating the various events, we reflect on some of our highlights, as we continue to influence social change for a fairer society.

### **Spotlight on... Bristol Pride!**



On Saturday 8<sup>th</sup> July, we gathered at our stand to celebrate Bristol Pride 2023. According to <u>Bristol Pride</u>, "Record numbers joined us on the Parade March this year with an incredible 25,000 people and Pride 2023 was filled with Joy, Celebration and Community."

Here are a few photos if you missed out!









Read about why Gay Pride is still so important to celebrate <u>here</u>, in a blog article from our back catalogue, written by our founder, Berkeley Wilde.

## **Spotlight on... Menopause in the Workplace.**



The menopause is a natural transition experienced by over 50% of the population, yet it remains a taboo subject in many workplaces. Menopausal women are the biggest

demographic in the workforce, typically at the peak of their careers, representing a highly skilled and experienced talent pool. However, over 900,000 people have left the workplace due to lack of support relating to their menopause.

Supporting women through menopause transition strikes at the heart of employee health and well-being, gender equality and inclusion in the workplace.

Our amazing consultants, <u>Haley White</u> and <u>Stephanie Reid</u>, offer training and guidance for companies on how better to support their workforce.

Watch this space for further work and research from us in this area.

#### **Spotlight on... Equality in Care Homes**



There have been devastating news reports recently on the inequality and unfair treatment that some care home residents have faced. This is unacceptable.

The Diversity Trust, in a joint project with the University of Bristol, created some online learning materials and films for making care homes more inclusive for older LGBT+ people in England and Wales.

You can access the resources and find out more here.

#### **Spotlight on... Our Latest Guest Blog**



Image via Pexels

Read our latest blog by guest author Jennifer Scott, who offered some fantastic pointers on the little things and small changes anybody and everybody can make, to support initiatives around diversity.

Have you noticed the images used by the companies you buy from regularly? Do they show a broad range of individuals in their advertising? Do they look inclusive?

You can read the full article here.

If you would like to contribute to our guest blog with a relevant article of +/-600 words, let us know by reply to this mail.

In case you missed it... we've also published several other articles recently. Check out:

Dr Serep Kele's article on Linguistic Racism and Accent Bias,

Summerly Devito's piece promoting a Free Inclusive Refugee Recruitment Toolkit, or

Rebecca Sheehy's (CEO at Bristol After Stroke) celebratory article for <u>Bristol After Stroke's 40th birthday</u>.

# Spotlight on... Our Latest Podcast Episode, Featuring Ritu Mohanka on Allyship and Employee Diversity



"It's up to people who hold places of privilege to be active allies to those with less access and to take responsibility for making those changes that'll help others be successful."

We loved talking to Ritu and hearing her thoughts on the positive impact that social media can afford to minority voices.

#### In collaboration with our partners, **Skin Deep.**

Ritu is a passionate diversity and inclusion leader. She was previously LinkedIn Learning's media spokesperson on Employee Equity, Diversity, Inclusion and Belonging and Talent Management, and is the newly appointed Managing Director, EMEA for Syndio.

Ritu has over 20 years' experience in senior leadership roles with HR and talent-focused businesses. She is a regular panellist, author and keynote speaker at global events. She is the winner of multiple awards and has been recognised on the EMpower Top 100 Ethnic Minority Senior Executive lists on several occasions.

Listen to the interview here...

Ritu Mohanka – Allyship





Our Podcast episodes are free to stream via our website...

Allyship and advancing your potential with Hira Ali Listen here.

Allyship as a Tool to Fight Racism with K-Dogg Listen here.

Allyship and Inclusive Leadership with Dr Howard P Haughton Listen here.

#### Coming Up...

There are lots of important dates in the coming months, here are just a few:

- 9th August International Day of the World's Indigenous People
- 19th August World Humanitarian Day
- 19th September Youth Mental Health Day
- 23rd September Bi Visibility Day

If you are not already registered for our newsletter, please email info@diversitytrust.org.uk.

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