

# Autism & Neurodiversity in the Workplace



## Session Overview

This session is for managers, HR personnel and colleagues of neurodiverse individuals. The session aims to increase awareness of neurodiversity in the workplace, and allow attendees the opportunity to discuss workplace specific circumstances, develop strategies to support a neurodiverse workforce, and identify next steps for their organisation.

## The course includes:

- ➔ Overview of Neurodiversity
  - Why neurodiversity is important
  - Associated neurodevelopmental conditions
  - Neurodiversity, mental health and wellbeing
- ➔ Overview of Autism Spectrum Conditions
  - Communication differences
  - Strategies to ensure effective communication

- ➔ Cognitive Differences in autism
  - Strengths and challenges
- ➔ Sensory Differences
  - Breakdown of senses
  - Hyper/Hypo sensitivity
  - Environmental considerations
- ➔ Neurodiversity best practice in the workplace
  - Examples of reasonable adjustments
    - Recruitment processes
    - In the workplace

## To find out more or book a place...

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