

Diversity News

Issue 19

Summer 2020

The Diversity Trust is a Community Interest Company. We deliver high quality and tailored equality, diversity and inclusion training and consultancy – regionally, nationally and internationally.

We work with diverse communities, and our partner organisations, to:

- ★ deliver specialised youth services

- ★ provide voice and influence for equalities groups
- ★ reduce health inequalities and promote wellbeing
- ★ research and engage communities
- ★ tackle and prevent hate crime and discrimination

To learn more about us and our work please visit:

<http://www.diversitytrust.org.uk/>



The Diversity Trust
Influencing Social Change

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Welcome to our Summer 2020 newsletter. I hope everyone is staying safe and well. As I write this, the government is taking small steps towards re-opening schools and businesses across the country. However, we're still seeing high numbers of new infections and tragic deaths from Covid-19, so remaining careful and cautious is still important. It seems the reproductive value, known as the "R rate", is dropping, which is really encouraging. I wish everyone, affected by the pandemic, my heartfelt well wishes. Let's hope the virus will diminish, so we can see our loved ones and return to school or work safely.

While in lockdown, we have continued offering

our services online, which includes our training, groups, events and meetings. Everyone in the team is working from home and we have been supporting our friends, colleagues and partner organisations with work on the ground. Many people are experiencing real hardship. We're seeing extreme poverty, homelessness, increases in violence including hate crime and domestic violence and abuse, as well as hunger. Everyone's working tirelessly to overcome these impacts from the pandemic at the local and global level.

In this issue you'll read about our services and how our friends and partners are working towards an inclusive society during this difficult time. We have

updates on homelessness services, volunteering and environmental opportunities, and the impact on jobs, training and careers.

We've shared as much factual information as possible across all our social media platforms. You can keep up-to-date by following us on: [Facebook](#), [Instagram](#), [LinkedIn](#) and [Twitter](#).

Finally, please enjoy the newsletter. Most importantly thank you for keeping us safe and well, we'll get through this pandemic together.

**Berkeley Wilde, Director,
The Diversity Trust CIC,
June 2020**



News in Brief

Covid-19 and The Diversity Trust

We created a resource pack for both adults and young people after the government declared a national lock down on Monday 23 March. Other organisations used our resource pack for supporting and helping people. We also created a mental health and wellbeing directory on our website for helping everyone's mental health, safety and living conditions

during this challenging time.

Please visit our Covid-19 directory at: <https://www.diversitytrust.org.uk/wp-content/uploads/2020/03/Mental-Health--Wellbeing-during-Covid-19.pdf>

The Diversity Trust already uses Zoom, Skype and Teams for arranging meetings online. We

extended these for running our **Alphabets LGBTQ+ youth groups** and our **One You South Gloucestershire wellbeing service** for LGBTQ+ adults. We know continuing our services online is important for connecting people and communities, especially while we're self-isolating and perhaps feeling more disconnected.

International Women's Day – 8 March 2020

We ran a really successful campaign celebrating International Women's Day 2020 on Sunday 8 March and over the following days. This included our most successful tweet ever with a tweet about our Director, Cheryl Morgan, receiving hundreds of likes and lots of retweets!

Our short film highlights the amazing contributions made in our campaign.

Please visit our YouTube Channel to have a watch: https://www.youtube.com/channel/UCYz1ZSS2PRTE_u4UoAxYNMQ

To view the event on Twitter please visit <https://twitter.com/DiversityTrust/status/1236582171445465088?s=20>

Trans Day of Visibility (TDoV) – 31 March 2020

We also ran a very successful campaign celebrating Trans Day of Visibility (TDoV) on Tuesday 31 March 2020. The campaign ran across all our social media platforms, including: [Facebook](#), [Instagram](#), [LinkedIn](#) and [Twitter](#).

During TDoV, we celebrated the amazing positive contributions Transgender people make in our communities. We honoured:

- ★ Professor Stephen Whittle
- ★ Christine Burns MBE
- ★ Jay Stewart
- ★ Cheryl Morgan,
- ★ Christina Riley
- ★ Carol Steele
- ★ Henry Poultney
- ★ Travis Alabanza
- ★ Samantha Walker



News in Brief continued

Out in the Workplace

Out in the Workplace is a Bristol-based publication, which celebrates diversity in the public sector. This document profiles LGBT+ staff, allies and friends ranging from many different professions. By encouraging a diverse workforce, we create inclusive and thriving services, which benefit everybody.

Marvin Rees, Mayor of Bristol, says, "I am proud to be leading a city as diverse as Bristol and to represent an organisation that values inclusion and respect of colleagues. We all have a responsibility to treat others with fairness and to foster working environments that are safe and enjoyable.



Employers should champion equality and challenge homophobia.

They should work in partnership with their employees to build workplaces that welcome the LGBT+ community. Together we can make sure that Bristol is a place where we stand together with communities and share a message of inclusion, love and respect."

To read this fantastic publication, visit:

<https://www.diversitytrust.org.uk/wp-content/uploads/2020/03/Out-in-the-Workplace-2020.pdf>

International Day Against Homophobia, Biphobia and Transphobia - IDAHOBIT Day



Every 17 May, the world celebrates Sexual Orientation and Gender Diversities. The theme this year was 'Breaking the Silence'. So, we made a global noise on social media, local radio, through our local authorities, whatever tools we had for breaking the silence and being heard. It's a single day of action, which will set the path for many initiatives where LGBTQ+ people feel included and not silenced.

There were so many ways for marking the day during the Covid-19 pandemic lockdown, from virtual events to hanging rainbow flags.

For more information visit:

<https://may17.org/>

Happy 5th Birthday, Alphabets LGBTQ!

We celebrated five years of Alphabets which followed our LGBTQ+ South Gloucestershire Needs



Assessment report recommendations in 2015. Five years later and we're still going strong in South Gloucestershire. Alphabets has offered a safe space where young LGBTQ+ people can access support while gaining confidence and happy memories.

During the Covid-19

pandemic, we're using tools such as Facebook and Messenger for keeping in touch and Zoom for organising our online Alphabets events.

Off The Record (Bristol) and Freedom Youth Bristol joined us on Sunday 26 April. Our Director Berkeley Wilde helped launch Freedom Youth twenty-five years ago. For more information about Freedom Youth, visit: otrbristol.org.uk/freedom

Covid-19 and Violent Crime



Domestic violence and abuse charity Refuge experienced a 700% increase in calls during a single day. And

Domestic Violence has increased across the world. In China, DVA reported to the police more than tripled in one county during its lock down in February.

The UK's Home Office campaign promoted under the Twitter hashtag #YouAreNotAlone, will show the support available.

#YouAreNotAlone – there are many national and specialist DVA support available. If it's safe to do so, please visit:

<https://www.gov.uk/government/publications/coronavirus-covid-19-and-domestic-abuse/coronavirus-covid-19-support-for-victims-of-domestic-abuse>



Somerset and Avon Rape and Sexual Abuse Support (SARSAS) is still

open. SARSAS supports anyone who survives rape and any kind of sexual assault or abuse. It supports people in Bristol, South Gloucestershire, Bath and NE Somerset, North Somerset and Somerset.

SARSAS followed the governments guidelines by increasing its helpline and e-support service. The SARSAS website can be found here: <https://www.sarsas.org.uk/>

All counselling sessions are offered online or by telephone where it's safe and appropriate to do so. If people can't access this, their support will postpone until SARSAS can offer a face-to-face service again.

For details about local services for survivors of rape and sexual abuse in the South West of England, please visit:

www.survivorpathways.org.uk



Stand Against Racism and Inequality (SARI) is open. The Diversity Trust has a close working relationship with SARI, for preventing and tackling hate crime and discrimination in the Avon and Somerset area. Our last newsletter featured a day in the life of Sacha Reid, a case worker at SARI.

SARI is limiting face-to-face contact as much as possible. It's using online methods, phone and video calls for opening cases, and for meeting clients and agencies. Urgent and unavoidable meetings and interventions are being delivered by following the government guidance.

Training, education and awareness sessions are continuing online.

Please contact SARI if you have any question and queries about SARI's services during this unprecedented time.

To contact SARI visit:

<https://www.sariweb.org.uk/>

Covid-19 and Homelessness

Covid19 is dangerous for people living on the streets and with complex health needs, such as substance misuse or mobility issues. The government has a duty to get everyone indoors during the lockdown. Homeless charities and partners block booked individual hotel rooms, which supported around 1,600 vulnerable people to self-isolate.

Support for the homeless is often a bed for the night and a hot meal. However, the next morning they're back on the streets. This doesn't give enough time for finding long-term solutions.

By self-isolating in a hotel room, it gives individuals a chance to find a way out of homelessness and become a member of a community.

David Sully, Diversity Trust Associate, said, "while watching the news, I noticed the hotel rooms gave homeless people a taste of normal life, such as, having your own kettle, kitchen facilities and shower. It reduced risk-taking behaviour and made staying on the recovery path easier. The residents also appeared inspired to continue improving their situation. Perhaps these independent, safe and clean spaces are a way forward for keeping vulnerable people off the streets."

Sadly, the Covid-19 pandemic has also hit the most deprived communities. The latest figures from the Office for National Statistics shows a bleak reality, particularly in London.

The ONS confirms that Covid-19 kills double the rate of people in poorer areas than people in more affluent places.

<https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/bulletins/deathsinvolvingcovid19bylocalareasanddeprivation/>

The figures support the suggestion that the virus is particularly infectious and deadly in urban areas, which are more densely populated.

What can you do?

Street Link: Connecting Rough Sleeper to Local Services

How does Street Link work?

If you're concerned about a homeless person aged 18 and over in England or Wales, you can alert StreetLink via its website, app or phone number:

<https://www.streetlink.org.uk/>

The details you provide are sent to the local authority or outreach service in the area where you've seen the person. They'll find the individual and connect them to support.

If you think the person you're concerned about is under 18 please call the police.

In an emergency situation call: 999

<https://www.bigissue.com/latest/coronavirus-death-rates-are-doubled-in-deprived-areas/>



Covid-19 and Volunteering

Brigstowe: Living with HIV: We can help.

Brigstowe has a dedicated team of volunteers, who support communities while living with HIV. There was an increase in calls and the support needed during these difficult times. So, Brigstowe has fully trained peer mentors who volunteer their time in connecting with people on a regular one-to-one basis. They listen, share experiences and discuss coping strategies.

It can be lonely, not having someone to talk to, particularly during these unprecedented times. Therefore, Brigstowe arranged a telephone befriending service. A trained volunteer will call a client weekly to chat and identify what they need.

Aled Osborne, Fundraising and Communications Manager at Brigstowe, says, "Brigstowe would like to thank all volunteers for their dedication and responding so triumphantly in learning new skills to support our communities".

You're not alone. If you or someone you know is living with HIV and need any kind of support, then please contact Brigstowe on:

Email: info@brigstowe.org

Telephone: 0117 955 5038.



Southern Brooks Community Partnerships

Since the lock down started, Southern Brooks Community Partnerships operated a seven-day a week phone service. Volunteers have helped across the organisation, from delivering prescriptions to putting together food parcels and art packs for young people. Southern Brooks are working closely with South Gloucestershire Council and the many mutual aid groups. So, if you need help with a Covid-19 related issue please contact:

Telephone: 0333 5774666

Email: communitysupport@southernbrooks.org.uk

Can Do Bristol

We honour people volunteering their time to support vulnerable people during the Coronavirus pandemic.

Mayor of Bristol, Marvin Rees, says, "It's a huge source of pride for us that so many people have begun volunteering to support others"

If you wish to volunteer for your council, NHS or local charities in Bristol then please register at:

[https://candobristol.co.uk/activity/coronavirus--covid-19-\[official-volunteering--register-interest-w-bristol-city-council\]](https://candobristol.co.uk/activity/coronavirus--covid-19-[official-volunteering--register-interest-w-bristol-city-council])

A similar registration may exist in your local authority across the country, for more information visit:

<https://www.england.nhs.uk/participation/get-involved/volunteering/>

<https://www.local.gov.uk/our-support/coronavirus-information-councils/covid-19-vulnerable-groups-and-volunteering>

<https://do-it.org>



The impact of Covid-19 is widespread. However, people from marginalised or disadvantaged groups may suffer more. Therefore, we must consider the impact on people from these groups. Here's a summary of Covid-19's impact on LGBTQ+ people:

- ★ **Social Isolation** – LGBTQ+ people, particularly older LGBTQ+ individuals, may experience more social isolation, caused by limited family connections.
- ★ **Trans and Non-Binary Health** – Restricting access to hormone injections, because doctors may see this as 'non-essential', will impact mental health. And the common practice of chest binding can also increase the risk of being severely affected by Covid-19 symptoms. However, the World Health Organisation and European Commission guidelines on essential services include ongoing medications for trans people.
- ★ **Domestic Abuse** – the LGBT Foundation helpline received 30% more domestic abuse / violence calls. People are self-isolating with their abusers, and LGBT people are more likely to experience domestic abuse.
- ★ **Mental Health & Substance Misuse** – It's widely acknowledged that LGBTQ+ people have higher rates of anxiety and depression, which can lead to self-harm, substance abuse, eating disorders, suicidal ideation, smoking and alcohol abuse.

Without face-to-face support these issues may get worse.

- ★ **Sexual Health** – During the Covid-19 safety measures, LGBTQ+ specific services maybe unavailable, which puts LGBTQ+ people at risk.

To read the full **LGBT Foundation** briefing visit:

<https://lgbt.foundation/coronavirus/impact?fbclid=IwAR2d-404LKEOveYQ5Jr7amPSTG2Ubol-vX2pztmbGdWBIO-ChxmdKcGnA6w>

For advice and support, please call the LGBT Foundation national helpline on:

Telephone: 0345 330 30 30

Open from Monday to Friday between 9am-9pm, and weekends from 10am-6pm.

Covid-19 and the Environment

Making the most of garden waste for wildlife habitat and compost creation.

Composting is one of the most sustainable ways you can manage your garden and kitchen waste at home. All you need is a small corner or area in your garden (that's not used) and some green waste.

Sally, the biodiversity officer at South Gloucestershire Council, gives her five-top tips for composting at home.

1. Have 50% mix of 'brown' carbon rich materials like paper, cardboard or sawdust and 50% 'green' nitrogen rich materials like grass or leaves or potato peelings.
2. Keep your 'green' and 'brown' layers nice and thin.
3. No cooked food, cheese, bread or meat but raw fruit, salad leaves and vegetable peelings are perfect!
4. Try and keep it nice and moist, you may need to water it from time to time.
5. Turn your heap to keep it aerated, which will help speed up the composting process. The more you turn the faster the process.

Sally says 'In a few months there may be compost to put on your garden or you can just leave it and it'll rot down to almost nothing. All sorts of wildlife will love your compost heap too, especially mini beasts, who in turn provide important food for birds, hedgehogs and other wildlife. There is also nothing like well-rotted compost to help your garden grow and yield bumper crops of veggies'.

To learn more about composting at home visit:

<https://www.gardenersworld.com/how-to/maintain-the-garden/how-to-make-compost/>

Spring is also a great time to let your lawn grow for insects and other wildlife. Plantlife has launched a 'No Mow May' campaign for getting ten-times more bees on our lock down lawns.

For more information, visit:

<https://www.plantlife.org.uk/uk/about-us/news/no-mow-may-how-to-get-ten-times-more-bees-on-your-lockdown-lawn>

South Gloucestershire Council issues a monthly Community Spaces newsletter. To sign up visit:

<https://southglos.us3.list-manage.com/subscribe?u=d80523c882d7ac64e89f5e037&id=62db131451>

For more information about local services in South Gloucestershire Council during the Covid-19 pandemic, visit:

www.southglos.gov.uk/coronavirus



Covid-19 and Ramadan



Muslim people around the world welcomed Ramadan in lockdown due to Coronavirus, and while Mosques remain closed for the time being, people are praying at home.

During April to May Muslim communities across the UK prepared for a month of fasting, prayer and reflection.

Mosques adapted to lockdown measures by using conferencing apps for keeping in touch with worshippers, for live streaming lectures, courses and prayers.

During the month of Ramadan, traditionally Muslims invite people from all faiths and backgrounds to join them and their families

to break the fast. It builds on the Islamic principle of togetherness and respect. Unfortunately, due to the current crisis, many Muslims are not able to take part in these traditions.

However, some people used [youtube.com](https://www.youtube.com) for recipe inspiration and shared photographs and videos via social media, which kept the community spirit alive.

Please share your stories. How did you celebrate Ramadan during the coronavirus lockdown? Please email:

info@diversitytrust.org.uk

Covid-19 and LGBTQ+ Wellbeing in South Gloucestershire

Last April 2019 we began a wellbeing service for LGBTQ+ people in South Gloucestershire. It's part of the **One You South Gloucestershire** wellbeing service led by **Southern Brooks Community Partnerships** and **South Gloucestershire Council**. We offer monthly LGBTQ+ wellbeing sessions for exploring our wellbeing needs while supporting people in trying local services, such as peer support groups, wellbeing courses, social prescribing and so on.

During the Covid-19 pandemic lockdown, we were unable to run our wellbeing sessions in person, so we used the video conferencing website, Zoom, instead (pictured right).

On Sunday 26 April, our online event offered a space for networking, because we invited guest speakers from LGBT Yoga, Interculture CIC and Bristol Mind. We also invited a guest speaker who told their same-sex Domestic Violence and Abuse (DVA) story.

Our session generated a list of useful websites and email addresses for continuing the links we made in our work and activities. This will support residents in South Gloucestershire and the surrounding areas.

For example:

- ★ by offering online yoga for LGBTQ+ people;
- ★ by arranging online and offline community events, where people can ask questions and talk about LGBTQ+ issues; and
- ★ signposting LGBTQ+ people to helplines, peer support groups and for volunteering at Mindline and Mindline Trans+ Helpline.

Our monthly LGBTQ+ wellbeing sessions are online until further notice. So please email us, so we can send you our Zoom web links:

Email: wellbeing@diversitytrust.org.uk



ONE YOU SOUTH GLOUCESTERSHIRE

One You South Gloucestershire

Important Update

Wellbeing Workshops and **Peer Support Groups** are now available online.

Please call us on **01454 868583** or email wellbeing@southernbrooks.org.uk if you feel it would be helpful to speak with a wellbeing worker.

About the service

One You South Gloucestershire brings everything together to support local people in South Gloucestershire to improve their wellbeing as well as make healthier lifestyle choices.

The service is delivered jointly by [Southern Brooks Community Partnerships](#) and [South Gloucestershire Council](#) and other community partners including [Oasis Talk](#), [Circadian Trust](#), [The Diversity Trust](#), [The Carers Support Centre](#) and [Developing Health and Independence \(DHI\)](#). This service builds on the previous provision of the Wellbeing College, Community Connectors and Health Champions.

Wellbeing in South Gloucestershire continued

Aims of the Service

- ★ Feel more confident about managing your emotional and mental wellbeing
- ★ Feel more able to get involved in your local communities
- ★ Feel less isolated, and anxious
- ★ Feel able to make changes in other areas of your life

One You South Gloucestershire is for all adults over the age of 18 who are South Gloucestershire residents or registered with a GP practice in South Gloucestershire.

Small grants for community organisations and groups

Apply for a small grant, which could tackle health inequalities and support better health and wellbeing in your South Gloucestershire community. For more information and to apply if you're eligible, visit:

<https://southernbrooks.org.uk/oysg-grant/>

Mind You

This can be a very scary and confusing time for children and young people. However, there are lots of resources available online to help children and young people look after their mental health and wellbeing.

Please visit <http://sites.southglos.gov.uk/mind-you/coronavirus-covid-19-useful-information/>

Covid-19 and Jobs, Training and Careers

FUTURE BRIGHT

■ Support
▲ Advice
▶ Skills

Future Bright

In these uncertain times where the Covid-19 virus is causing so much anxiety and disruption to people's lives, especially in relation to jobs and training, the Future Bright team would like to reassure people that the project will continue to run and offer support throughout this crisis.

Future Bright career progression coaches are able to support people who are currently in paid work but on top-up benefits, to progress their career and help remove barriers to progression. This support can be provided remotely by telephone contact, Skype, email and text messaging.

Future Bright is open to local residents who are:

- ★ Aged 19 or over and living in the West of England – Bristol, South Gloucestershire or Bath and North East Somerset
- ★ Currently in paid work (part-time, full-time, temporary, self-employed or zero hours contracts)
- ★ Receiving any of the following in-work benefits or tax credits – Universal Credit, Working Tax Credit, Child Tax Credit, Job Seeker's Allowance, Income Support, Employment Support Allowance, Housing Benefit, or Means-Tested Council tax reduction

What can Future Bright offer?

A dedicated Career Progression Coach who can:

- ★ Help you form an Action Plan and support you through each step and
- ★ Signpost and advise you on training and career pathways.

Plus, we can offer some financial support towards training or other work-related costs. All conversations are confidential, can be accessed remotely and focus on what you want to achieve – your coach will help you take your next step. Participation is always free, and fits around your current commitments.

Contact us today for an informal chat on: 01454 866008

Email us at: future.bright@southglos.gov.uk.

Alternatively complete the online referral form at: www.futurebright.org.uk

Other News

Research

YARAH Study: Young Adults Relationships and Health

- ★ Have you experience intimate partner violence and abuse?
- ★ Are you between 18-25 years old?

The University of Bristol are trying to understand how a difficult relationship can affect young people's health and wellbeing.

For taking part in this important research:

Please call or text Maria on: 07971 754258

Email: maria.barnes@bristol.ac.uk

Your conversation will be confidential, it will last around an hour and there's an option to chat by phone or video link.

For more information, visit:

<http://www.bristol.ac.uk/primaryhealthcare/researchthemes/yarah-study/>

Events

Inclusive Learning - Achieving Inclusion in Education, Learning and Skills Conference



Our Inclusive Learning Conference at the Concord Museum was postponed until further notice. However, please send us your stories, thoughts, questions and queries for including every young person in education, skills development and learning. We would love to hear your stories; what was great in school? And what could have gone better and why?

Please email Sarah Warburton at:

Email: sarah.warburton@southglos.gov.uk

For more information about the Inclusive Learning Conference, visit our Spring newsletter and then scroll to pages 17-18.

https://www.diversitytrust.org.uk/wp-content/uploads/2020/03/DN_issue18-5.pdf

Film

Healthwatch

A film showing how Healthwatch is working across North Somerset, Bristol and South Gloucestershire.

<https://vimeo.com/skylarkmedia/review/394150178/666e4ded18>



Interculture CIC

Interculture is a community interest company based in St Pauls, Bristol. It offers training, workshops, events and consultancy in schools, businesses and local organisations for increasing intercultural awareness and sensitivity. Interculture creates safe spaces for dialogue around culture and breaks down perceived cultural barriers.

Interculture strongly believes that communication is key and bringing people together is the way forward.

To watch Interculture in action, click here:

https://www.youtube.com/watch?v=yEI_I0J9NYQ



Freedom Youth

Freedom Youth based in Bristol and established in 1995 is one of the UK's longest-running LGBTQ+ social and support spaces. To celebrate twenty-five years of Freedom Youth, its members worked with Black Bark Films (www.blackbarkfilms.com) to create a film. The film celebrates and recognises twenty-five important reasons why Freedom Youth is as important in 2020 as it was in 1995; creating community and crafting friendships. We hope you enjoy watching. Please watch, learn, like and share.



You can watch the film here <https://buff.ly/2WUbaZE>

For contacting Freedom Youth, please email: lgbtq@otrbristol.org.uk

Diversity Calendar

Here's our Diversity Calendar for 2020. It's a working calendar to support our campaigns, events and awareness raising. Therefore, please let us know if we missed anything, or you would like us to add your events.

June

1 - Gypsy Roma and Traveller History Month begins

1 - Immigrant Heritage Month begins

1 - 7 - Volunteer Week

5 - World Environment Day

8 - 14 - Carers Week

17 - International Father's Mental Health Day

18 - Autistic Pride Day

20 - World Refugee Day

July

1 - Samaritans Talk to Us Month begins

11 - World Population Day

18 - Nelson Mandela International Day

30 - World Day Against Trafficking in Persons

August

19 - World Humanitarian Day

21 - World Senior Citizen Day

23 - International Day for the Remembrance of the Slave Trade and its Abolition

30 - National Grief Awareness Day

September

1 - Menopause Awareness Month begins

10 - World Suicide Prevention Day

21 - International Day of Peace

23 - Bi-Visibility Day

26 - European Day of Languages

28 - National Inclusion Week begins

October

1 - Breast Cancer Awareness Month

1 - Black History Month

2 - World Cerebral Palsy Day

4 - National Inclusion Week ends

4 - World Dyslexia Awareness Day

7 - World Smile Day

9 - 15 - Baby Loss Awareness Week

10 - World Mental Health Day

11 - National Coming Out Day

12 - World Arthritis Day

13 - World Sight Day

17 - International Day for the eradication of Poverty

22 - International Stammering Awareness Day

24 - Make a Difference Day

27 - National Mentoring Day

November

4 - National Stress Awareness Day

8 - Remembrance Sunday

8 - 15 - Inter Faith Week

13 - World kindness Day

14 - Diwali

16 - 20 - Anti- Bullying Week

19 - International Men's Day

20 - Transgender Day of Remembrance

25 - International Day for the Elimination of Violence Against Women

December

1 - World AIDS Day

Dates for your diary

Event: LGBTQ+ Youth Cafe, Yate, South Gloucestershire

Date: Sessions run on the **last Sunday** of every month.

The next dates:

28 June, 26 July, 27 September

Venue: Online at Zoom.com / or at the Armadillo Youth Café, Station Road, Yate, BS37 4FW. Please check ahead before visiting

Time: 7-9pm

Why you should go? If you're age 12 to 19 and LGBTQ+ we have an LGBTQ+ youth group and café for you. We meet for peer support, information and socialising.

Email: info@yatearmadillo.co.uk

Call: 01454 869 441

Facebook group: <https://www.facebook.com/groups/LGBTQyate/>

Website: <https://www.diversitytrust.org.uk/young-peoples-services/>

Event: LGBTQ+ Adult Wellbeing and Social group (19+)

Date: Our group runs on the last Sunday of every month.

The next dates:

28 June, 26 July, 27 September

Time: 4-6pm

Venue: Online at Zoom.com / or at the Armadillo Youth Café, Station Road, Yate, BS37 4FW. Please check ahead before visiting.

Why you should go: Free social and wellbeing support group for people aged 19 or over and identifying as LGBTQ+.

Call: 0844 800 4425

Email: wellbeing@diversitytrust.org.uk

Website: <https://www.diversitytrust.org.uk/wellbeing-services/>

Event: Webinar with Samantha Renke

Date: Monday 29 June

Time: 4pm.

Why you should attend:

Samantha Renke is an actress, presenter, speaker, writer and disability rights campaigner.

Don't miss Samantha's webinar called "Shaking up the D word - Disability Unpacked".

To join: To receive the webinar link, please email admin@sgden.org.uk

Linkedin: <https://www.linkedin.com/in/samantharenke/?originalSubdomain=uk>



T&Coffee is a new community support project offering an accessible, alcohol free safe space for the trans and gender diverse community. To find our more visit:

www.TAndCoffee.co.uk

To join its online meetings visit: www.TAndCoffee.co.uk/tacv

Recent Blogs:

- ★ LGBTQ+ homelessness and Covid 19: how to adapt your ways of working to maintain a lifeline to young LGBTQ+ communities with housing and homelessness issues
- ★ Coronavirus – Thinking Globally, Acting Locally.

Visit: <https://www.diversitytrust.org.uk/category/blogs/>

Recent Podcast:

Podcast: Faith Equality, by Tanmanjeet Dhesi.

Tanmanjeet Dhesi, MP for Slough, was the first ever Sikh in any European Parliament. To hear our Diversity Trust Director, Russell Thomas, interviewing Tanmanjeet Dhesi about Faith Equality, click here:

<https://www.diversitytrust.org.uk/2020/04/the-diversity-trust-podcast-5/>

Social Media

Twitter: <http://twitter.com/DiversityTrust>

Facebook: <http://www.facebook.com/DiversityTrust>

LinkedIn: <https://www.linkedin.com/in/diversitytrust/>

YouTube: https://www.youtube.com/channel/UCYz1ZSS2PRTE_u4UoAxYNMQ

Instagram: <https://www.instagram.com/diversitytrust/>



Please Donate

Your donation will help us to:

- ★ end discrimination
- ★ tackle inequalities
- ★ stop hate crime
- ★ improve the lives of vulnerable adults and young people
- ★ influence social change

Donate here: <https://www.diversitytrust.org.uk/donations/>

Credits

Our newsletter was:



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Web: <http://mrwrite.co.uk/>



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frankduffy.co.uk

Twitter: [@MxFrankDuffy](https://twitter.com/MxFrankDuffy)

Jargon Busters

Covid-19 – a new, previously unknown, coronavirus, causing a global pandemic and lockdown in 2020. Contact tracing, vaccines and treatments are being developed. Until then restrictions on citizens are implemented until the virus is under control.

Diversity - Means difference. Recognising individual as well as group differences. Treating people as individuals and placing positive value on diversity in the community and in the workforce.

Equality - Creating a fairer society, where everyone can participate and have the opportunity to fulfil their potential.

Inclusion - Giving everyone equal access and opportunities and removing barriers, discrimination and intolerance.

LGBTQ+ - Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Asexual, Intersex and so on...

Non-binary – a gender that's not exclusively masculine or feminine.

SARSAS – Somerset and Avon Rape and Sexual Abuse Support

SARI – Stand Against Racism and Inequality – a charity tackling and preventing racism and hate crime in Bath and North East Somerset, Bristol, South Gloucestershire and North Somerset.

Transgender - Trans is an umbrella term for people whose gender identity and /or gender expression diverges in some way from the sex they were assigned at birth.

Our Services

We deliver a wide-range of services for reaching diverse communities. These include supporting care services, health and wellbeing, hate crime and discrimination, voice and influence and youth services. Read more about our range of products and services at:

www.diversitytrust.org.uk

Care Services

We've developed a toolkit with the University of Bristol for creating inclusive care homes, which is available on our website <https://www.diversitytrust.org.uk/careunderrainbow/>

Digital Communication

We know the importance of digital communication; we provide blogs, films, podcasts and e-newsletters which showcase our work with diverse communities; as well as the work of our partners and clients. Visit our website and social media to find out more. You'll find us on [Facebook](#), [Instagram](#), [LinkedIn](#), [Twitter](#) and [YouTube](#) @ DiversityTrust

Filmmaking:

We can project manage or facilitate promoting your 'equality, diversity and inclusion' on film. You can choose a web ready format or other package.

Visit: <https://www.diversitytrust.org.uk/filmmaking/>

Hate Crime & Discrimination

We work in partnership with Stand Against Racism & Inequality (SARI) and Compass Disability to provide education, awareness and empowerment to diverse communities affected by hate crime and discrimination. For further details visit <https://www.diversitytrust.org.uk/hate-crime-services/>

Health & Wellbeing

We work in partnership with Southern Brooks Community Partnerships, South Gloucestershire Council and a range of community partners to deliver wellbeing services for diverse communities - to improve everyone's health, wellbeing and access to local services. Visit our wellbeing page for updates: <https://www.diversitytrust.org.uk/wellbeingservices/>

Research and Development:

We tailor our 'equality, diversity and inclusion' research so you have better access and inclusion in your organisation. Please visit https://www.diversitytrust.org.uk/research_reports/

Training and Consultancy Services:

We can help you access the communities who need you. We cover accessibility audits, cultural awareness, research, policy writing, equality, accessibility and diversity audits, reviews and so on.

Please visit <https://www.diversitytrust.org.uk/training/>

Youth Services

Our specialist youth services (funded by Local Authorities, Longleigh Foundation, the Community Fund and Awards for All) provide safe and supportive spaces for young people from diverse gender and identity backgrounds. Visit <https://www.diversitytrust.org.uk/young-peopleservices/>



For more Information please visit:

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